



8 1/2 x 11 • 132 pages



DVD showing 30 of the book's 52 physical activities is included with the book

# Active Play!

## Fun Physical Activities for Young Children

by Diane H. Craft, PhD and Craig L. Smith (Paperback - 2008)

*Audiences: Childcare Providers in centers and homes, Preschool Teachers, Special Educators, and Therapists*

Active, healthy lifetimes start with physically active children!

- The 52 physical activities in Active Play! are
- created for toddlers and preschoolers to play together!
  - easy to lead, fun to do!
  - inexpensive, using easy-to-get equipment!
  - designed for children to develop fundamental movement skills and physical fitness!
  - inclusive of children with special needs!

8 1/2 x 11 • 130 pages with DVD showing 30 physical activities

This book and DVD set:

- Shows how to make physical activities irresistible.
- Teaches academic concepts through physical activity.
- Includes a chapter of physical activities for infants, 6 months to 15 months of age.
- Includes physical activities for school-aged children.

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