Active Play!
Fun Physical Activities for Young Children
by Diane H. Craft, PhD and Craig L. Smith (Paperback - 2008)

**Audiences:** Childcare Providers in centers and homes, Preschool Teachers, Special Educators, and Therapists

Active, healthy lifetimes start with physically active children!

The 52 physical activities in Active Play! are
- created for toddlers and preschoolers to play together!
- easy to lead, fun to do!
- inexpensive, using easy-to-get equipment!
- designed for children to develop fundamental movement skills and physical fitness!
- inclusive of children with special needs!

8 1/2 x 11 • 130 pages with DVD showing 30 physical activities

This book and DVD set:
- Shows how to make physical activities irresistible.
- Teaches academic concepts through physical activity.
- Includes a chapter of physical activities for infants, 6 months to 15 months of age.
- Includes physical activities for school-aged children.

See how easy it is to lead fun, inexpensive and effective physical activities that benefit every young child!

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